CONSULTATION ASSESSMENT FORM

Camera Clock Time :12-11 20

Duration of Consultation: 10 minutes

Reference number : 15

Presenting complaint(s):

Review of Eczematous skin

Relevant background information:
(eg previous knowledge of or consultation with this patient)

Single parent family. Household of 2 children (both under 5). Mother is a frequent presenter (re: minor illnesses). Social circumstances are not that great and she does have financial difficulty. Childhood vaccinations up to date.

Working diagnosis:

Mild Eczema

Outcomes of the consultation:
(eg referral, no action, certificate, review)

General skin care advice.
Negotiation of a Management Plan.
Prescription given.

Prescription:
(provide full details of any prescription given or test ordered, with justification)

Alphaderm to be applied tds
E45 cream
General advce

Any further points of clarification:

This lady is a demander for steroids, and I felt it appropriate to re-iterate the side effects of long term use in order to discourage frequent use. Her concerns were elicited.
The consultation is otherwise set at the level of the child in order to engage her co-operation.
On examination, she has mild eczematous patches which are not acutely infected. The pathophysiology of this condition is re-explained.
The mother was not keen to stop the steroids, despite good clinical effect, and so we both negotiated a management plan. General measures on skin care was given in order to promote self help behaviour and reduce Doctor Dependency. She seemed happy with this.
An enquiry is made into her present social circumstances and finances (presently stable, though previous hardship known).
This consultation was performed towards the end of my attachment at this practice. As she is a frequent attender, the management plan was recorded on to the computer in order to communicate the plan to the next doctor and in order to prevent conflict of advice.
The consultation was then rounded up of a summary of what had been achieved and a social chat.
Despite a demanding mother, the rapport between us remains unharmed.

Competences demonstrated (please tick appropriate boxes):

encourage pt's contri-bution	cues	social/ psych. context	obtain enough info	appro-priate exami-nation	appro-priate diagnosis	diagnosis etc explained	appro-priate language	appropriate mangement plan	options shared	appro-priate pre-scribing	rapport
★	★	★	★	★	★	★	★	★	★	★	★